

Hey Ma Durga

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album: Inyan

group:

music: Hey Ma Durga, Sara Copley
chor: Sara Copley

Sacred Earth

hold hands as music begins stretch arms out +
start with singing - facing centre, bring hands to sky +
then down in prayer position x 3

instrumental - grapevine $\overline{R \times \frac{L}{f} R \times \frac{L}{b}}$

4 step turn over (R) shoulder
into centre on R, join w/ L foot (a bit
back on R, join w/ L
R side L touch
L side R touch

repeat 6 x
(on 6th, instead of side touches at
end of sequence, stay in place + bow in
prayer position)

singing

turn to face line of dance (right)
stretch arms out + bring hands to
sky + then down in prayer position
turn to face out + do same motion
turn to face L + " " "
turn to face centre + " " "

instrumental - same pattern as above
instrumental, but 7 x + bow is on:

singing - same pattern as above, but 7 x →