

# PRAYER OF ST. FRANCIS

MUSIC: KAVISHA MAZZELLA - EMPTY SKY

DANCE: Gillian Menell.

HOLD: *dance alone*

INTRO: Start on "MAKE"

"Make me an instrument of thy peace"

A)  $\begin{array}{cc|cc} \underline{R} & \underline{L} & \underline{R} & \underline{L} \\ \underline{f} & \underline{f} & \underline{s} & \underline{cl} \end{array} \parallel \times 2$

*R arm to R, palm up, L arm to L* | *Bring hands into prayer position + hold.*

"Where there is hatred"

B)  $\begin{array}{cc|cc} \uparrow \underline{R} & \underline{L} & \downarrow \underline{R} & \underline{L} \\ \underline{f} & \underline{f} & \underline{b} & \underline{cl} \end{array} \parallel \times 2$

*Bring arms up + push hatred away* | *Let me see LOVE! arms down to side + cross over heart*

C)  $\begin{array}{cc|ccc|ccc} \underline{R} & \underline{L} & \underline{R} & \underline{L} & \underline{R} & \underline{L} & \underline{R} & \underline{L} \\ \underline{sw} & \underline{sw} & \underline{s} & \underline{cl} & \underline{s} & \underline{sw} & \underline{sw} & \underline{sw} \end{array} \parallel \times 1$

*hands on head x* | *uniness* | *hands + bring down to sides* | *V held*

## GILLIAN'S CODE (EXTRAS)

- normal step
- = long step
- quick step
- ten touch