

# 14) LA BASTRINGUE

(French Canada)

La Bastringue (lah buh-STRANG),

Recording by La Bottine Souriante from vinyl LP "Down Home"

FORMATION:

Cpls in a single circle, facing ctr, W to L of ptr. Hands joined in "W" pos\*.

STEPS and STYLING:

Two-step\* ( forward close forward - Right left right or 1,2,3) walk\*, buzz\*, Swing (Quebec style): In closed pos\*, ptrs facing, inside of R ft adjacent, turn CW with buzz steps (4 per meas). Light and happy; ft remain close to floor; there is no clogging.

Ftwk same for M and W.

MUSIC 4/4

## I. FORWARD AND BACK; TWO-STEP IN RLOD AND LOD

A

Measure 1

Beg R, walk 3 steps twd ctr and touch L beside R (one step per ct).

Measure 2

Beg L, move bkwd away from ctr with 3 steps and touch R beside L.

Measures 3-4

Repeat meas 1-2.

Measures 5-6

Face RLOD, beg R ft, dance 4 two-steps (2 per meas). Turn to face LOD on last two-step.

Measure 7-8

Beg R ft, dance 4 two-steps in LOD. Turn to face ctr on last two-step.

## II. SWING AND PROMENADE

B

Measure 1

Release MR, WL hands. M turn ptr (W on L) once and a half CW under joined hands to end in closed pos with W back to ctr. W takes 4 steps to turn.

Measures 2-4

Swing (Quebec style). End facing LOD, W to R of ptr, MR arm around W waist, WL hand on MR shldr, free hands hang naturally at sides.

Measures 5-8

Beg R, move in LOD with 8 two-steps. On last two-Step turn 1/4 ccw as a cpl to face ctr and join hands in a circle to repeat dance with new ptr (W to L of M).

Repeat dance from beginning.

10

LYRICS: (there is no singing on this recording!)

Mademoiselle voulez-vous danser La Bastringue, La Bastringue?  
Mademoiselle voulez-vous danser? La Bastringue va commencer.  
Oui monsieur je voudrais danser, La Bastringue, La Bastringue.  
Oui monsieur je voudrais danser, c'est pour vous accompagner!

Miss, would you like to dance the Bastringue, the Bastringue?  
Miss, would you like to dance? The Bastringue is going to begin.  
Yes, sir, I would like to dance the Bastringue, the Bastringue.  
Yes, sir, I would like to dance, in order to be with you!

Copyright - Folkdance.com or Folk Dance Federation of California, Inc.