

L'Alouette

Music: France (traditional)

Choreography: Traditional

The English translation of l'alouette is 'the lark'.

*L'alouette sur le branche
L'alouette sur le branche
Faîtes un petit saut l'alouette, l'alouette
Faîtes un petit saut l'alouette, comme il faut.*

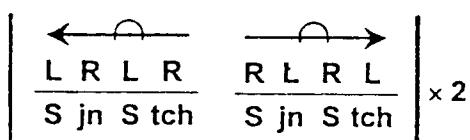
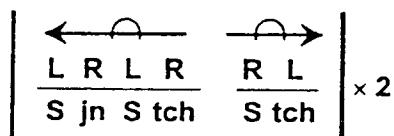
This is the first verse and chorus of this 15th century children's song.

The dance is a version of the ancient mediaeval branle (pronounced brawl), which traditionally moves to the left, mimicking the movement of the moon and sun. An 'An Dro' or 'Hanter Dro' (in a V hold) works just as well, being a Breton version of a branle.

Hold: V, arms swing freely back and forth during the dance

Form: Line or spiral moving to the left

Steps:



Traditional

France



L'Alouette sur la branche, L'Alouette sur la branche

*Chorus: Faîtes un petit saut l'alouette l'alouette
Faîtes un petit saut l'alouette, comme il faut*

Mettes nos bras en licence, Mettes nos bras en licence

Chorus

Faîtes nous trois pas la danse, Faîtes nous trois pas la danse

Chorus

Faîtes nous la reverénce, Faîtes nous la reverénce

Chorus

